THE TEST OF TEN DAYS

19 NOVEMBER 2023



15At the end of the ten days they looked healthier and better nourished than any of the young men who ate the royal food. ¹⁶So the guard took away their choice food and the wine they were to drink and gave them vegetables instead.

Daniel 1:15–16 (NIV)



HOOK



Start the conversation by saying...

Peer pressure, or doing things just because everyone else is doing it, may lead to negative outcomes. A study even showed that 70% of teen smokers were pressured into the habit.



Go deeper with this...

What is one instance when you had an opinion different from those around you?

LINK



Connect to God's truth by sharing...

- The story of Daniel shows us that God is faithful to those in Him—blessing, protecting, and favoring them in the midst of a culture that doesn't honor Him.
- When we are in Christ, we may be tested on standing for our convictions in spite of consequences.
- For example, giving generously and trusting that God will provide, or obeying what God says even when the world is doing differently.
- The way God's people will change the culture around them is showing that God's way leads to a life of purpose and abundance.
- When we put God first, trusting and obeying Him, He will take care of our needs, according to His will and purpose for us.

PAUSE

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Pick a question and pray together...

Discuss Together

 Have you ever experienced being tested on your convictions as a Christ-follower? How did you respond?

Pray Together (pick one)

- Pray for the grace to stand for your convictions in Christ even in times of testing.
- Pray and believe that as you put God first each day, He will work His will and purpose in your life.

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In every matter of wisdom and understanding about which the king questioned them, he found them ten times better than all the magicians and enchanters in his whole kingdom.

— Daniel 1:20 (NIV)