

THE HEART-EYE CONNECTION

15 OCTOBER 2023



22“The eye is the lamp of the body. If your eyes are healthy, your whole body will be full of light. 23But if your eyes are unhealthy, your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness!”

— Matthew 6:22–23 (NIV)



EVERY NATION
SINGAPORE

HOOK

 Start the conversation by saying...

Our social media algorithm reveals what we click, where we linger, and what we repeat.

ENGAGE

 Go deeper with this...

What is the latest thing popping up on your feeds?

LINK

 Connect to God's truth by sharing...

- Like a social media algorithm, what we see reveals what we value. This is the heart-eye connection.
- Put another way, what we value determines what we see.
- What we see means how we view, understand, and respond to people, situations, and even the future.
- Vision is powerful—it can bring assurance when things are clear or worry when we can't see ahead.
- We need to view things through God's eyes to develop healthy vision.
- When we value praying, meditating, and fellowshiping, we can develop healthy perspectives that allow us to see beyond our limited viewpoint.

PAUSE

 Pick a question and pray together...

Discuss Together (*pick one*)

- How can you develop seeing things through God's lenses? What are some values that you hold that may not be of value to God?
- How can you more effectively pray, meditate, proclaim, and fellowship to develop a healthy vision?

Pray Together (*pick one*)

- Pray to see people and situations the way Jesus sees them. Pray for God's light to shine on all that you see.
- Pray for your values to be aligned with Jesus' values so that you will have a healthy vision.

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**Finally, brothers and sisters,
whatever is true, whatever is noble,
whatever is right, whatever is pure,
whatever is lovely, whatever is
admirable—if anything is excellent
or praiseworthy—think about such
things.**

— Philippians 4:8 (NIV)