HOW'S YOUR SQ?

03 SEPTEMBER 2023



Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.

— Ephesians 1:3 (NIV)



HOOK



Start the conversation by saying...

What is a movie you enjoy watching? Who is the antagonist?

ENGAGE



Go deeper with this...

Stories need an antagonist (or enemy) to drive them. Most stories have a good side and an "evil" side. This is also true of the spiritual world.

LINK



Connect to God's truth by sharing...

- Because we believe in the Bible, we know that the spiritual world is real.
- If the spiritual world is real, we need to develop healthy spiritual lives.
- Because in the spiritual world, there are evil forces that influence our physical world.
- But we don't have to be afraid of evil forces, because God has authority and power over them.
- We can engage the spiritual world with prayer.
- When we pray to Jesus, we acknowledge that He is sovereign and in control.
- And with His power, we can overcome all the evil forces in the spiritual world.

PAUSE

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Pick a question and pray together...

Discuss Together (pick one)

- What is your view of the spiritual world?
- In what ways might we be affected by the spiritual world, and how can we guard ourselves in that area?

Pray Together (pick one)

- Thank God that He is sovereign and in control. Pray for a strong and healthy prayer habit.
- Pray against fear and superstition. While
 the spiritual world is powerful and real, God
 is the Creator and ruler of the world, both
 physical and spiritual.

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"But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you."

- Matthew 6:6 (NIV)