

BEYOND BABY FOOD

06 AUGUST 2023



Therefore let us move beyond the elementary teachings about Christ and be taken forward to maturity . . .

— Hebrews 6:1 (NIV)



EVERY NATION
SINGAPORE

HOOK

 Start the conversation by asking...

Ruts are created when dirt roads or paths have been used over and over again. Ruts can get so deep that when a vehicle's wheels are stuck in a rut, it can't get out or change direction without help.

ENGAGE

 Go deeper with this...

Have you ever felt like you wanted to change direction in your life, but it seemed scary or uncomfortable?

LINK

 Connect to God's truth by sharing...

- Growth and change can't happen when we are stuck in a rut. Sometimes we get so used to being in our usual paths that we find the rut too comfortable to leave.
- When God moves us forward from foundational truths to Christian maturity, He needs to move us out of our comfortable ruts because He has plans and purposes for us.
- Christian maturity is simply becoming more like Christ, and most of the time, it's not always easy and doesn't always make sense.
- As we continue to listen to and obey God, we know that maturity will surely happen because God is the one who started the work in us, and He is faithful to complete His work.

PAUSE



Pick a question and pray together...

Discuss Together (*pick one*)

- Have you identified certain areas in your life where you might be stuck in a rut that's keeping you from growing?
- What is one change you feel like you'll need to make to get out of the rut? How do you tap into God's strength for this?

Pray Together (*pick one*)

- Ask God if there are any ruts in your life that you need to get out of. Surrender these to God.
- Pray that you will move in God's strength and wisdom to discern what He thinks is best, for His purposes, not your own.

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**Then we will no longer be infants,
tossed back and forth by the waves,
and blown here and there by every
wind of teaching and by the cunning
and craftiness of people in their
deceitful scheming.**

— Ephesians 4:14 (NIV)

**¹“I am the true vine, and my Father
is the gardener. ²He cuts off every
branch in me that bears no fruit,
while every branch that does bear
fruit he prunes so that it will be even
more fruitful.”**

— John 15:1–2 (NIV)